

Parent/ Caregiver Resources for Prevention

Central Valley Justice Coalition

Safe Online Surfing – FBI internet safety program

The goal of FBI-SOS is to promote cyber citizenship and help students learn about online safety while engaging in fun, interactive games. The program was designed to address current Internet safety threats while keeping each grade level's online usage and knowledge in mind. Students will then navigate through the various games and activities in their grade-appropriate island. When students complete the last activity, they can click the Take the Test surfboard to take the exam.

www.sos.fbi.gov

Common Sense Media

Best known for its age-ratings on movies, television, and other media, Common Sense Media also contains a wealth of articles and resources for parents and caregivers. Find information on how much screen time is appropriate for each age, how to set parental controls, and discussion guides for families and communities. You can find age-appropriate device contracts in their parental resource section and information on educational standards and age-appropriate websites in their family guides section.

www.common Sense Media.org

Bark

The Bark app is a parental control phone tracker to help keep kids safer online. Bark monitors social media, text and email on Android and iPhone devices.

www.bark.us

Disney Circle

Circle is a device that pairs with your home Wi-Fi and lets you manage every device on your network, both wireless and wired, without ever needing to put software on them. With Circle you can set time limits for apps and web sites, set up age appropriate filters, and you can even give rewards to your kid when they've been good. These rules can apply to any device that logs into your home wifi (think friends and babysitters).

www.meetcircle.com

Google Safe Search

When this feature is turned on, it is designed to filter sexually explicit videos and images from all Google search results, as well as anything that may link externally to explicit material.

<http://www.covenanteyes.com/2016/06/13/setup-google-safesearch/>

Net Nanny

Net Nanny shows you what your children do online and lets you identify information that is never to leave the computer, such as your home address or credit card numbers.

You can manage the account from any computer with a web connection and a browser.

www.netnanny.com

AVG Family Safety

AVG Family Safety software monitors chat rooms and social networking sites, filters websites based on age appropriate content, sends you text/email reports on web usage, and allows you to set up unique accounts for every child.

www.avg.com/us-en/avg-family-safety

Qustodio

Qustodio software helps you supervise, manage, and protect your child's devices in your home and on the go. Block pornography, view social media activity, set time limits, and more.

<https://www.qustodio.com/en/>

WebWatcher

WebWatcher collects data about user activity on computers or mobile devices and creates detailed time tracking and activity reports that are available online.

www.webwatcher.com

Love146's Online Safety Guide

This page, written to be a resource for teens, walks the reader through conversational red flags, safety guidelines to follow online, and advice for what to do if you feel uncomfortable. There is also one for adults.

www.love146.org/online-safety

Good Pictures, Bad Pictures: Porn-Proofing Today's Young Kids, by Kristen A. Jensen and Gayle Poyner (available at Amazon)

Good Pictures Bad Pictures is a comfortable, read-aloud story about a mom and dad who teach their child what pornography is, why it's dangerous, and how to reject it. Using easy-to-understand science and simple analogies, this ground-breaking book engages young kids to porn-proof their own brains.

Pornography: Lies, Truth, and Hope

A booklet that explores the dangers of pornography and helps find ways to prevent and overcome the harm it causes.

<https://mcc.org/media/resources/1125>

The Guideline

This free 20-page guide from Fight the New Drug is for parents' caregivers who want to address pornography with teenagers. The guide is based on the feedback that Fight the New Drug has received from thousands of teenagers and research on the effects of pornography.

www.store.fightthenewdrug.org/products/

Culture Translator

Know your teen's world in order to have deeper conversations about the things that matter. Sign up for a free weekly email that keeps you up to date on the latest issues and influences in your teens life. *Faith-based.*

www.axis.org/ct

Additional Resource Links:

www.love146.org

[Social Media Dangers Exposed by Mom Posing as 11-Year-Old](#)

[How to Turn on Ghost Mode for Snapchat](#)

<https://www.common sense media.org/>

www.justiceco.org/youth

[Brené Brown on Empathy](#)

<https://www.circleof6app.com/>

[Zip It! App](#)

[Family Online Safety Institute](#)

<https://www.protectyoungminds.org/>

<https://www.screenagersmovie.com/>

[Tea Consent Video](#)

<https://humantraffickinghotline.org/>

